

## AMERICAN RED CROSS CLASSES 2026

Venue: Our Kids Day Camp, 661 Budd Road, Woodbourne, NY 12788

For more information, contact:

Helen Hoffmann 845-434-3788 [helen@okdc2.com](mailto:helen@okdc2.com)

Course Number	Course Name	Course Date	Times	Fee
1	Lifeguard Training Blended Learning Must attend all sessions.	June 4 June 5 June 6 June 8	3:30pm-8pm 4:00pm-8pm 9am-6pm 4:00pm-8pm	\$400
2	Lifeguard Recertification	June 13-14	10am-3pm	\$200

**Lifeguard and Lifeguard Recertification Pre-requisites:**

1. Must be proficient swimming freestyle and breaststroke, with rotary breathing (face in the water). Able to swim 150 yards, tread for 2 minutes with no hands and then swim another 50 yards, without a break.

2. Retrieve a 10lb. brick from 8 feet of water, swimming face up, on your back for 20 yards, using only legs and holding the brick with both hands.

Must attend all classes and be on time. There are NO make up classes

Upon successful completion, certification will include Lifeguard, CPR, 1<sup>st</sup> Aid and AED

**ONLINE PORTION MUST BE FINISHED BEFORE THE START OF CLASS.** Please bring or email completion certificate of online portion.

Our pool time is dependent on the weather. We will work class time and pool time around the weather conditions.

## American Red Cross Registration Form

COURSE NAME: \_\_\_\_\_  
NAME: \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Credit Card # \_\_\_\_\_ exp. Date \_\_\_\_\_  
Code on back of card \_\_\_\_\_  
Address, City, Zip \_\_\_\_\_  
Parent or legal guardian: \_\_\_\_\_  
Emergency Phone # \_\_\_\_\_

**\*classes must have 5 or more participants\***

**No more than 10 participants. Classes fill up quickly!**

To register, please complete and sign this form and pay in full, credit card, check or cash. You will not be registered unless we receive full payment and the signed registration form. Please make checks out to Our Kids Day Camp.

Please initial:

\_\_\_\_ I understand that I must pass the pre-requisites or I cannot continue with class. There are no refunds.

\_\_\_\_ I understand there are no refunds if I cancel within 7 days of the first day of class.

\_\_\_\_ I understand these classes are close contact and touching. Our Kids Day Camp or our Instructors are not responsible for any transmittal diseases, including Covid-19.

\_\_\_\_ I understand if I am taking a blended learning class, I must finish all online courses and in person to receive a certification

Signature of participant: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

\*If you are recertifying, please bring your CPR mask or you may purchase one for \$10.00.

**Be on time for classes & bring ID**